



Public Health Division

# County of Santa Cruz

## HEALTH SERVICES AGENCY

POST OFFICE BOX 962, 1080 Emeline Ave., SANTA CRUZ, CA 95061-0962

TELEPHONE: (831) 454-4000 FAX: (831) 454-4488 TDD: Call 711

**For Release: Immediately**

**Contact:** Corinne Hyland, PIO

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**Phone:** (831) 566-4370

## SANTA CRUZ COUNTY OFFERS ELECTION DAY COVID-19 SAFETY TIPS

**Santa Cruz County, Calif.** – For many, Election Day comes with its own traditions, but the COVID-19 pandemic has added new considerations. Cases are increasing in California and it's important to remember that the pandemic has not ended. Instead of gathering in person to watch results, hold a virtual watch party. If you are planning to gather with people outside of your household, gather outdoors, wear a face covering, stay at least six feet away, and carry hand sanitizer.

Remember the risk of spreading COVID-19 goes up when gathering in large crowds or when shouting, chanting or singing, even if you are outdoors. For those who do gather consider getting tested for COVID-19 within a few days through your health care provider or at our free community site. You can find testing location sites on the county's [Get Tested page](#).

Some people may also experience a heightened sense of anxiety and uncertainty. If helpful, consider limiting the amount of news you take in throughout the day and tune off when you can. Stay focused on what you can control. Get exercise, drink water, eat well, and get plenty of rest. Check in with your friends and loved ones to provide support. We're in this together and will get through it by taking care of each other.

If you haven't voted, it's not too late. Every voter was mailed a ballot. Drop it off at [24-hour Ballot Drop Boxes](#). You can also go to [Accessible Voting Locations](#). Can't find your ballot? Ask to vote provisionally.

Tomorrow and in the following days, please keep yourself, your loved ones, and your community safe.

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